


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Mass w/ Father Shane in Community Room  New Year's Day	Resident lead 9:30 Exercise 10:00 Card Club	9:30 Exercise 10-10:30 Vitals Clinic 2:00 January Birthday Party w/ Vinnie Rose!	9:30 Exercise 10:00 Manicure's (make up session) 2:30 Bingo	9:30 Exercise 10:00 Garbage 10:30 Pokeno 2:00 Holy Rosary 3:00 Cross Lutheran Worship Service	9:30 Music Therapy 10:15 Card Club 2:30 HaPpY HoUr w/ Patrick Allen!	Resident Lead 9:30 Exercise 1:00 Movie Matinee Showing: Wild Horses
10:00 Mass w/ Father Shane in Community Room 2:00 *CH. 10* St. Andrew's Lutheran Church Service	9:30 Exercise 10:00 Garbage 10:30 Seven's Game 2:00 Crafters Corner – Winter craft w/ Pam!	9:30 Exercise 10:00 Shake Loose a Memory 10:30 Pokeno 1:00 Walmart	9:30 Exercise 10:00 Garbage 10:30 Pokeno 2:30 Bingo	9:30 Exercise 10:00 Garbage 10:30 Pokeno 2:00 Holy Rosary 3:00 Cross Lutheran Worship Service	(Resident lead) 9:30 Exercise 10:00 Garbage 10:30 Catch Phrase 2:30 HaPpY HoUr w/ Michael Larson!	Resident Lead 9:30 Exercise 1:00 Movie Matinee Showing: High Noon
10:00 Mass w/ Father Shane in Community Room 2:00 *CH. 10* St. Andrew's Lutheran Church Service	9:30 Exercise 10:00 Garbage 10:30 Catch Phrase 2:00 Martin Luther King Jr. story – Movie in theater	9:30 Exercise 10:00 Garbage 10:30 Seven's Game 2:00 Crafters Corner – Making snow globes!	9:30 Exercise 10:00 Garbage 10:30 Seven's game 2:30 Bingo	9:30 Exercise 10:00 Garbage 10:30 Pokeno 2:00 Mass w/ Father Peter 3:00 Cross Lutheran Worship Service	9:30 Exercise 10:00 Garbage 10:30 Seven's Game 2:30 HaPpY HoUr w/ Tom Erickson!	Resident Lead 9:30 Exercise 1:00 Movie Matinee Showing: Sully
10:00 Mass w/ Father Shane in Community Room 2:00 *CH. 10* St. Andrew's Lutheran Church Service	9:30 Exercise 10:00 Garbage 10:30 Seven's Game 2:00 Manicure Monday	9:30 Exercise 10:00 Garbage 10:30 Alphabet Game 1:00 Dollar Tree	9:30 Exercise 10:00 Dining Council w/ Chef Scotty 1:00 Town Hall 2:30 Bingo	9:30 Exercise 10:30 Singing Cowgirl Sing along! 2:00 Holy Rosary 3:00 Cross Lutheran Worship Service	9:30 Exercise 10:00 Garbage 10:30 Seven's Game 2:30 HaPpY HoUr w/ Tomi Majoros!	Resident Lead 9:30 Exercise 1:00 Movie Matinee Showing: Gone with the Wind
10:00 Mass w/ Father Shane in Community Room 2:00 *CH. 10* St. Andrew's Lutheran Church Service	9:30 Exercise 10:00 Garbage 10:30 Seven's Game 2:00 Armchair Travel to Canada!	9:30 Exercise 10:00 Shake Loose a Memory 10:30 Pokeno 2:00 Magic Show w/ Casey!	<h1>January 2023</h1> <h2>The Shores of Lake Phalen</h2>			

Activities are subject to change. Suggestions on outings or group activities; please contact Kat at (651) 689-1438