











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45—Visits w/ Father Shane 1 2:00—St. Andrews Lutheran Church Service (Channel 14) New Year's Day	RA Led Activities 2 9:30-Exercise 10:00-New Year Word Searches & Crosswords 11:30-Left, Center, Right 2:00-Cookies, Coffee & Table Talk	9:30-Exercise 3 10:00-Name that tune 11:30-Current Events 2:00-January Birthday Party w/ Vinny Rose (CR) 	9:30-Exercise 4 10:00-Chair Volleyball 11:30-UNO 2:30-BINGO (CR) 	9:30-Exercise 5 10:00-What am I? 11:30-Shake Loose a Memory 2:00-Holy Rosary (CR) 3:00-Worship Service w/ Pastor Scott	9:30-Exercise 6 10:00-Noodle Balloon Toss 11:30-Sort & Fold 2:00-Social Hour	RA Led Activities 7 10:00-Exercise 3:00-Ring Toss
10:45—Visits w/ Father Shane 8 2:00—St. Andrews Lutheran Church Service (Channel 14)	9:30-Exercise 9 10:00-1960's Bingo 11:30-Giant Bowling 2:00-BUNCO 2:30-Virtual National Park Scenic Tour	9:30-Exercise 10 10:00-Who am I? 11:30-Dart Ball RA Led Activities 2:00-Kickball 2:30-Table Game Choice	9:30-Exercise 11 10:00-Axe Throwing 11:30-Sequencing 2:30-BINGO (CR) 	9:30-Exercise 12 10:00-Baseball Toss 11:30-Scoop Ball 2:00-Holy Rosary (CR) 3:00-Worship Service w/ Pastor Scott Happy Birthday Beverly	9:30-Exercise 13 10:00-Beaded Snowflake Craft 11:30-Therapeutic Putty 2:00-Social Hour 	RA Led Activities 14 10:00-Exercise 3:00-Horseshoes Happy Birthday Max. V
10:45—Visits w/ Father Shane 15 2:00—St. Andrews Lutheran Church Service (Channel 14)	9:30-Exercise 16 10:00-Pretty Nails 11:30-Play Doh Sensory 2:00-Martin Luther King Jr. Movie (MT) 	9:30-Sing a long w/ Mary Livingston (Willow) 17 11:30-Giant Jenga 2:00-Craft Corner—Snow Globes (CR) 	9:30-Exercise 18 10:00- Trivia 11:30-Phase 10 2:30-BINGO (CR)	9:30-Exercise 19 10:00-Afternoon Stretch 11:30-Hangman 2:00-Mass w/ Father Peter (CR) 3:00-Worship Service w/ Pastor Scott	9:30-Music Therapy w/ Melissa (Willow) 20 11:30-Yahtzee 2:00-Social Hour 	RA Led Activities 21 10:00-Exercise 3:00-Therapeutic Coloring w/ soft music
10:45—Visits w/ Father Shane 22 2:00—St. Andrews Lutheran Church Service (Channel 14) Chinese New Year (Year of the Rabbit)	RA Led Activities 23 9:30-Exercise 10:00-Bean Bag Toss 11:30-Card Game Choice 2:00-BINGO 2:30-Movie Matinee & Popcorn	9:30-Exercise 24 10:00-60's Trivia 11:30-Chair Soccer RA Led Activities 2:00-Shake Loose a Memory 2:30-Ring Toss	9:30-Exercise 25 10:00-Alphabet Game 11:30-Giant Bowling 2:30-BINGO (CR) 	9:30-Exercise 26 10:30-Singing Cowgirl performance (CR) 2:00-Holy Rosary (CR) 3:00-Worship Service w/ Pastor Scott Australia Day (observed)	9:30-Exercise 27 10:00-Qwirkle 11:30-Color Sorting 2:00-Social Hour	RA Led Activities 28 10:00-Exercise 3:00-Parachute Exercise
10:45—Visits w/ Father Shane 29 2:00—St. Andrews Lutheran Church Service (Channel 14)	9:30-Exercise 30 10:00-The Price is Right; 1960's 11:30-Ring Toss 2:00-Armchair Travel—Canada (MT) 	9:30-Exercise 31 10:00-Is it Groovy? 11:30-Scoop Ball 2:00-Magic Show (CR) 	<h1>January 2023</h1> <h2>Elm</h2>			

Activities are subject to change. Please contact Kayla with any questions or suggestions; kcorbett@theshoresoflakephalen.com