

Employee Spotlight



Hello, my name is Tammy Kucera, and I am the Executive Director here at The Shores of Lake Phalen. I have been in senior living for over 30 years starting as a Nursing Assistant. I have been a Director of Medical Records for a skilled nursing facility before returning to school again for Assisted Living. I am the proud parent of 2 sons, and we have recently added 2 granddaughters to our family. My passion for serving our residents has been a long-standing commitment to the best generation on earth.

December Birthdays

In astrology, those born from December 1–21 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures.

Those born from December 22–31 are Capricorn's Goats. Patience, perseverance, and dedication help Goats climb to the highest of heights. Their drive to the top makes them excellent partners and collaborators.

12/4 Mary C.

12/5 Harold B.

12/5 Margaret J.

12/27 Janet S.

12/27 Bernice S.

12/29 Diana S.

12/29 Bob J.

“Like” The Shores page on Facebook to stay connected to activities, events and recent pictures taken at group activities and outings. Don’t miss the fun!



The Shores Press

The Shores of Lake Phalen | 1870 E. Shore Dr | (651) 777-7784 | theshoresoflakephalen.com

Celebrating December

Safe Toys and Gifts Month

Spiritual Literacy Month

Write a Friend Month

Cookie Cutter Week
December 1–7

Coats and Toys for Kids Day
December 3

St. Nicholas Day
December 6

Nobel Prize Day
December 10

Las Posadas
December 16–24

Hanukkah
December 18–26

Yaldā
December 21

Christmas
December 25

New Year’s Eve
December 31

Resident Spotlight

Meet Margaret!



Margaret was born on December 5th, 1923, in St. Paul. She has one sister who was a little less than two years younger than her. Most of Margaret’s childhood her mother stayed home, and her father drove a coal truck and filled coal bins in houses.

Margaret went to Humboldt for High School. They moved around quite a bit but her favorite street in St. Paul was State Street, she believes, in which was a Jewish community.

Margaret met her husband at a dance hall where they frequently played polka music. She was 25 years old when they met, and he was the same age. They then went on to have 5 children. 4 girls and 1 boy.

During the war in the 50’s Margaret was a Yeoman in the Navy, the waves, because she did shorthand and typing. She did that in Washington DC.

Margaret lived on Kingston St. for 60 years before coming to The Shores where she raised her family. She enjoyed gardening, bowling and loved to read “books and books and books” when her eyesight was better.

Say hi to Margaret when you see her!

Still Living in Infamy



U.S. President Franklin D. Roosevelt called December 7, 1941, "a date which will live in infamy." 81 years later, we still remember the attack on Pearl Harbor and pause to honor all who were lost.

Pearl Harbor is a U.S. naval base located near Honolulu, Hawaii. It was home to the bulk of the U.S. Navy's Pacific Fleet, hundreds of airplanes, and thousands of soldiers. American intelligence officials never expected Japanese forces to start a war with the United States with an attack on Hawaii, 4,000 miles away. For this reason, Pearl Harbor was left largely undefended on December 7, 1941. As a target, Pearl Harbor was too good of an opportunity for the Japanese to ignore.

In an audacious sneak attack, without any declaration of war, Japanese forces began their assault on Pearl Harbor at around 8 a.m. At 8:10, a 1,800-pound bomb fell through the deck of the battleship USS Arizona and struck an ammunition store, resulting in a massive explosion and killing thousands. After two hours of fighting, 20 American ships (including every battleship in Pearl Harbor) were crippled; 300 airplanes were destroyed; 2,403 sailors, soldiers, and civilians were killed; and a thousand more were wounded.

Luckily—amazingly—the Pacific Fleet was left intact. Despite losing its powerful battleships, the Fleet's aircraft carriers had been off base during the attack and were safe. Pearl Harbor's vital infrastructure, including repair shops, oil storage depots, shipyards, and submarine docks, had been largely untouched. The U.S. Navy would be able to rebuild itself for a sustained war effort.

The day following the attack, President Roosevelt declared war on Japan. And though history remembers America and its Allies as the brave victors of a long and bloody world war, scars of that war remain. Pearl Harbor Remembrance Day is a time to reflect on all that was lost and a celebration of the freedoms that were won.

December Happening's...

It's Christmas time!

- 12/2 9:30 Music Therapy**
- 12/2 2:30 Happy Hour entertainment with Patrick Allen**
- 12/5 2:00 Crafters Corner – Making wreaths for your door (Limit 12)**
- 12/6 2:00 December birthday party w/ Amy & Adams**
- 12/7 10:00 Name that tune w/ Ruthann**
- 12/12 Armchair Travel to United Kingdom**
- 12/13 1:00 Walmart**
- 12/16 2:30 Happy Hour entertainment w/ Tom Erickson**
- 12/19 1:00 Manicure Monday**
- 12/19 5:30 Christmas lights tour**
- 12/20 2:00 Coffee, Cookies, and Christmas songs w/ Mary!**
- 12/21 10:00 Name that tune w/ Ruthann**
- 12/23 2:30 Christmas party w/ Santa!**
- 12/24 CHRISTMAS EVE**
- 12/25 CHRISTMAS DAY**
- 12/27 1:00 Dollar Tree**
- 12/28 10:00 Dining Council w/ Scotty**
- 12/28 1:00 Town Hall**
- 12/30 2:30 New Year's Eve Happy Hour**



For the puzzle peeps...



Christmas Word Search



- ANGELS
- BELLS
- ELVES
- FROSTY
- GIFTS
- HOLLY
- HOLY
- JOLLY
- LIGHTS
- NOEL
- SANTA
- SLEIGH
- SNOWFLAKES
- STAR
- WREATH

Q	D	H	F	S	H	F	R	O	S	T	Y	N	V	K
J	O	A	L	G	E	V	W	W	N	T	L	O	Y	P
V	R	M	I	B	V	K	X	H	R	J	V	E	L	D
C	Z	E	M	C	B	A	A	L	D	E	K	L	L	U
A	L	V	A	P	S	E	V	L	E	H	A	A	O	C
S	T	G	I	F	T	S	P	D	F	X	O	T	H	H
V	E	N	S	B	T	F	S	K	M	W	Y	L	H	J
V	Q	D	A	A	Z	N	L	C	L	Z	O	U	Y	O
N	W	I	R	S	W	L	E	E	H	B	Y	N	H	B
Q	T	P	H	Y	X	I	G	N	Y	Q	U	G	S	B
U	D	I	L	P	W	G	N	Y	D	T	C	O	E	T
T	U	L	F	P	C	H	A	H	K	D	I	L	K	Z
A	O	E	N	B	W	T	T	P	W	L	F	K	Y	
J	A	G	T	T	M	S	K	U	C	S	A	E	S	Z
X	N	D	S	Y	R	X	C	Z	D	A	L	G	Z	W



Caught in the Act...ivity!

